

Do something amazing, for someone amazing

Honours are for...

- People who have made a real impact;
- Exemplified the very best sustained and selfless voluntary service;
- Gained the respect of their peers;
- Changed things for the better, especially for those less able;
- Displayed moral courage;
- Demonstrated innovation or entrepreneurship; or
- Brought distinction to British life and enhanced its reputation.



Leroy Rosenior MBE
For services to tackling discrimination in sport

You can find more about the honours system at:
www.gov.uk/honours

Contact the Honours and Appointments Secretariat at:
Honours and Appointments Secretariat
1 Horse Guards Road, London SW1A 2AQ

Email: honours@cabinetoffice.gov.uk
Telephone: 020 7276 2777


HM Government

Our honours system





Elizabeth Atere-Roberts OBE

Older People's Nurse Specialist, for services to healthcare in London

How to nominate?



It is simpler than you think. You will find guidance on how to write a nomination, information on the honours system and an online nomination form at www.gov.uk/honours. You can also contact the team directly and we can talk you through the process or send you a paper version of the nomination form.

In your nomination, describe what is special about your candidate's achievements and show what impact they have had and how they have made a difference. The best nominations demonstrate how the individual has overcome obstacles or gone the extra mile.

Each nomination needs two or more letters of support to accompany it. These should be written by people who know the nominee and can endorse their contribution.

What awards are there?

The independent specialist honours committees decide which level of award is appropriate. In the Order of the British Empire the levels are:

- **British Empire Medal (BEM)** - awarded for very 'hands-on' service to the community in a local geographical area;
- **Member of the Order of the British Empire (MBE)** - recognising an achievement or service to the community which has delivered a sustained impact and which stands out as an example to others;
- **Officer of the Order of the British Empire (OBE)** - for those who have performed a distinguished regional or county-wide role in any field;
- **Commander of the Order of the British Empire (CBE)** - rewarding a prominent national or regional role; and
- **Dame or Knight** - for those who have made a pre-eminent contribution in any field, usually at a national level.

Who decides?

Once you have made your nomination, all the information is checked and feedback is requested from those who know the nominee or their area of activity.

A citation is prepared for one of the 10 independent specialist honours committees to consider.

These committees are made up of independent experts and cover community, voluntary and public service; arts and media; sport; health; education; science and technology; the economy; and politics. Each committee decides which are the worthiest candidates and submits its recommendations to a central committee chaired by the Head of the Civil Service. They then prepare the final list for the Prime Minister, who submits it for Her Majesty The Queen's approval.

It usually takes over a year from the date a nomination is made until a successful candidate appears on an honours list. Time is taken to check facts and to get comments from others.

There are so many **unsung heroes** who deserve to be honoured – but they need someone to **nominate them.** **#NominateToday**